Internet Safety

"95% OF TEENS (AGES 12-17) ARE ONLINE."
LENHART A, ET AL. TEENS, KINDNESS AND CRUELTY ON SOCIAL NETWORK SITES. PEW INTERNET & AMERICAN LIFE PROJECT, 2010.

Objectives:

Students will:

- Define Internet Safety.
- Identify the positives and the negatives of the internet
- Understand the importance of internet safety.
- Identify what not to put online.
- Discover the permanence of the internet.

Materials:

For the leader:
- ☐ Video Links

Step 1: What is Internet Safety?

Ask - What is Internet Safety?

Definition - Internet safety, or online safety, is the knowledge of maximizing the user's personal safety and security risks on private information and property associated with using the internet, and the self-protection from computer crime in general.

Today we are going to discuss Internet Safety. But before we begin answer these questions:
- How many of you own a Phone that has internet capability, a tablet, a gaming device with Wi-Fi hook up, an IPod, or a laptop?
- How many of you have a social networking site account? Askfm, Snapchat, Instagram, FB, Twitter, Tumblr, Yik Yak, or Whisper to name a few…
- How many of you have your own Email account?
- How many of you access the internet at least once daily?

If you said yes to any of these questions then you need to know how to be safe on the internet. The internet is a super cool resource that can give you the information that you

need in a matter of seconds, it can help you connect with your friends, it can help you with homework, it can let you know when your movies are, and it can… Ready for it… Change your life in a good or bad way. Do you know what www means? Nope, it means the "Whole World's Watching…" Think about it.

Let's talk about the good and bad things of being able to connect 24/7 to the internet.

Positives
1: Looking for Information that can't get easily
2: Send Mails with Less Cost
3: Can take a look at museums and libraries all across the world.
4: Get access to the latest news and events.
5: Get connected to friends, family and business with video conferencing...etc.
6: Buy Products from home, and easy entertainment like music, video, books and radio.

Negatives
1: Lack of Face-to-Face Interaction
2: Disturbed Privacy
3: Can lead to overuse and abuse
4: Don't get as much exercise
5: Can affect your grades
6: Eats away at your time

Step 2: Safe Web Surfing - Top Tips for Kids and Teens Online

Would you ever walk into a giant arena full of strangers and make it rain postcards with your phone number and home address? No? Then what are you doing publishing those details online, where anyone in the WORLD can access them? It's easy to forget that the information we put on social media is visible not only to our actual social circles, but to our friends' friends and their friends' friends...and that creepy guy halfway across the world who you've never met. So, today we are going to watch a video clip that breaks down the importance of setting strict privacy settings, choosing strong passwords and other steps you can take to ensure you stay safe online. Good news! Internet safety is easier than you think.

- **Watch the video link below:**
https://www.youtube.com/watch?v=yrln8nyVBLU
    Discuss the following questions:
- What can you take from this video?
- Who can give me one tip that was shared in the video?
    Now we are going to watch a video that shows that you shouldn't too much information when you are online.

Step 3: How can I protect my personal information online?

Instruct the students to write down the personal information they find out about Teresa as they watch "Tracking Teresa." Compare what they wrote to the list at the end of the vignette. Discuss how a seemingly insignificant piece of information can reveal a lot to someone with harmful intent.

View video (4:57) "Tracking Teresa"
http://www.youtube.com/watch?v=toXEdisa6hI

Instruct the students to write down the personal information they find out about Teresa as they watch "Tracking Teresa." Compare what they wrote to the list at the end of the vignette. Discuss how a seemingly insignificant piece of information can reveal a lot to someone with harmful intent.

Step 4: You Can't Take It Back

View video (1 minute, 36 seconds) you can Never Get It Back
http://www.netsmartz.org/reallifestories/canttakeitback

Divide students into small discussion groups. Assign one student in each group to be the leader, or you may ask each student to be the discussion leader for specific questions. After students have had time to discuss, have the group leaders report.

Discussion Group Questions:

- What do you think happened to the girls after this information was posted online?
- How private do you think information posted on the Internet is?
- How would it affect our school as a whole if this situation happened with some of our students?
- Would you ever put information on a web site that you intend only you and your friends to see? Why or why not?
- What do you think the brother's relationship with his sister will be in the future?
- What does it mean that you can never get it back?